

2010 B&WNYJSL Winners

| Division | Group | winner |
|----------|-------|--------------------------|
| B11 | A | Northtowns Redbull |
| B11 | B | Lockport Strikers |
| B11 | C | Cheektowaga Chargers |
| B11 | D | Lakeshore Lightning |
| B12 | A | Amherst All Stars |
| B12 | B | Lockport Lightning |
| B12 | C | Orchard Park Arsenal |
| B12 | D | Hamburg Emerald |
| B13 | A | Amherst Stallions |
| B13 | B | Aurora Arsenal B13 |
| B13 | C1 | Cheektowaga Cobras |
| B13 | C2 | Amherst Warriors |
| B14 | A | Amherst Arsenal |
| B14 | B1 | Grand Island Thunder |
| B14 | B2 | Delaware Chargers |
| B15 | A&B | Yemen Oilers |
| B15 | CN | Niagara Pioneer Storm |
| B15 | CS | Lancaster-Depew Vipers |
| B16 | A&B | Lockport Lightning |
| B16 | C | Hamburg Monarchs Emerald |
| B17 | A | West Seneca Sharks |
| B17 | B | Niagara Pioneer Jaguars |
| B19 | A | Kenton Invaders |
| B19 | B | Aurora Arsenal B19 |
| B19 | C | Akron Fury |
| G11 | A | Grand Island Vikings |
| G11 | B | Lockport Lightning |
| G12 | A | Lockport Lightning |
| G12 | B | Wilson Wildcats |
| G12 | CN | Northtown Sonics |
| G12 | CS | Tritown Cheetahs |
| G14 | A | Hamburg Gold |
| G14 | B | South Buffalo Hooligans |
| G14 | C3 | Northtown Twisters |
| G14 | CN | Wilson Slammers |
| G14 | CS | Aurora Arsenal G14 |
| G16 | A | Northtowns Nightmare |
| G16 | B | Hamburg Monarchs Gold |
| G16 | C | West Seneca Kodiaks |
| G17 | A | Tritown Storm |
| G17 | B | Arcade Express |
| G19 | A | Aurora Arsenal G19 |
| G19 | BN | Akron Amazons |
| G19 | BS | West Seneca Jayhawks |